AESTHETIC
BUSINESS TRANSFORMATIONS

TIME-OUT EXERCISE 3: FROM CHAOS TO CONTROL

Print off this exercise, grab a pen and write down everything that comes to mind as you consider the answers to the below questions. Remember, there is no right or wrong; there is simply the act of recording your thoughts. Then, invite your partner, a colleague, or a trusted member of your team to talk through your answers, and help you decide on your next steps.

1. **When I look at my business, where do I see disorganisation, inconsistent execution, slippage and chaos?**

2. **What specifically needs to happen to put some structure into place to address the above points, and create the progress I want?**

3. **Who could I hire (even part-time) to support me in getting more structured so that my business functions smoothly and efficiently?**